

Proposal of Regulations for the Athletics NZ Short Track Championships

Keegan McCauley, Athletics NZ's Head of Track and Field Events proposes that Athletics NZ adds into the Competition Regulations, regulations pertaining to the holding of a NZ Short Track Championships.

Introduction and Background

In recognition of the evolving landscape of athletics in New Zealand and the need to provide broader competitive opportunities for athletes, Athletics New Zealand proposes the introduction of regulations to support the establishment and hosting of a New Zealand Short Track Championships. This initiative aligns with developments from World Athletics (WA), which now permit Member Federations to host a Short Track Championships on outdoor 400m tracks under specific conditions at the D ranking level. WA's decision acknowledges that not all federations have access to indoor facilities and offers a pathway to deliver high-quality short track competition in alternative formats.

The NZ Short Track Championships would serve as an additional national-level meet, complementing the existing championships and creating new opportunities for athletes to compete for national titles. It also presents a chance to elevate one of New Zealand's current meets to championship status, enhancing its profile and value within the domestic calendar.

In its inaugural year, ANZ intends to run the competition as an open category for athletes aged 18 and over, allowing flexibility while gauging interest and participation levels. Based on athlete engagement and feedback, future editions may introduce refined age group categories to better serve the competitive needs of the community.

WA have also recently recognised the 300m Hurdles as a competitive distance for senior athletes, as such we have proposed to host the NZ 300m Hurdles Championships separate from the NZ Track and Field Championships, much like the Mile and 3000m Championships are.

Proposed Regulation and Changes to Existing Regulations

Proposed Championship Regulation:

Regulation C18 – Short Track Championships

This Regulation shall be read in conjunction with REGULATION C3 – NZ CHAMPIONSHIPS-GENERAL.

C18.1 – EVENTS

1. Annual short track championships for Open Men (18 years or over), Open Women (18 years or over), Open Para Men (18 years or over) and Open Para Women (18 years or over) shall be held under the auspices of Athletics NZ when the following championship events shall be contested:

OPEN MEN

60m	60m Hurdles
Long Jump	Triple Jump
High Jump	Pole Vault
Shot Put	

OPEN WOMEN

60m	60m Hurdles
Long Jump	Triple Jump
High Jump	Pole Vault
Shot Put	

OPEN PARA MEN

60m	Long Jump
Shot Put	

OPEN PARA WOMEN

60m	Long Jump
Shot Put	

C18.2 – ENTRIES

1. In all finals of track events and final rounds of field events at least four (4) places shall be reserved for NZ athletes as defined in Athletics New Zealand Competition Regulations 8.1(a).
2. All athletes who have met the required standard may compete and shall do so under the representation of the Centre in which the club they are currently registered for resides. Athletes may not compete as individuals under club affiliation.
3. All competitors shall wear the official uniform of the Centre they are representing. Club uniforms are not permitted to be worn at the Short Track Championships. Athletes approved to represent their Centre or Centre of Origin under clause C18.2.4 must wear the uniform of the Centre.
4. Athletes may apply for special exemption to compete for their Centre of Origin, defined as the Centre where they were first registered with Athletics NZ. This exemption is strictly limited to representation of the athlete's Centre of Origin and does not permit representation of any other Centre.
 - a) Requests must be submitted in writing to the Athletics NZ Dispensation Committee no later than the entry deadline date prior to the Short Track Championships.
 - b) Approval is at the sole discretion of the Athletics NZ Dispensation Committee and will only be granted under exceptional circumstances

- c) If approved, the athlete must compete under the name of their Centre of Origin and wear the official uniform of that Centre.
- d) Athletes may only represent one Centre at any one Short Track Championships. Dual representation is not permitted under any circumstances.

No athlete may compete for a Centre other than their current registered Centre or their Centre of Origin.

C18.3 – CHAMPIONSHIP AWARDS

1. The first three (3) place individuals in each event shall receive a medal of approved design as set out in Regulation C3.10.

Changes to Existing Regulations (Changes in Red):

C3.2 – ELIGIBILITY

2. TRACK AND FIELD, **SHORT TRACK** and COMBINED EVENTS CHAMPIONSHIPS

a) **Except for the short track championships:**

- i. An athlete to compete in either the Senior Men or Senior Women Grades shall be aged 18 years or over on the 31st December in the year of competition and have achieved the required senior standard in the event they wish to compete.
- ii. An athlete to compete in either the Men Under 20 (M-U20) or Women Under 20 (W-U20) Grades shall be aged 16, 17, 18 or 19 on the 31st December in the year of competition and have achieved the required junior standard in the event they wish to compete.
- iii. An athlete to compete in either the Men Under 18 (M-U18) or Women Under 18 (W-U18) Grades shall be aged 15, 16 or 17 years on the 31st December in the year of competition and have achieved the required youth standard in the event they wish to compete.
- iv. An athlete to compete in either the Men Under 16 (M-U16) or Women Under 16 (W-U16) Grades shall be aged 14 or 15 years on the 31st December in the year of competition and have achieved the required youth standard in the event they wish to compete.

Athletes can apply for age group dispensation via the Athletics NZ Dispensation committee. There will be no dispensation for athletes aged under 14 on the 31st of December in the year of competition.

- b) An athlete to compete in the Short Track Championships shall be aged 18 years or over on the 31st December in the year of competition.

C3.6 – COMBINING WITH OTHER AUTHORISED COMPETITIONS

The championship events described in Regulations C7, C8, C10, C11, C12, C13, C14, C15 and C18 may be held in conjunction with other authorised athletics events. Only Active Members of Athletics NZ, however, are eligible for a placing in the championship.

REGULATION C4 – TRACK AND FIELD CHAMPIONSHIPS

C4.1.1

1. Annual track & field championships for Men, Women, Men Under 20 (M-U20), Women Under 20 (W-U20), Men Under 18 (M-U18), Women Under 18 (W-U18), Men Under 16 (M-U16) and Women Under 16 (W-U16) shall be held under the auspices of Athletics NZ when the following championship events shall be contested:

MEN

100 metre	Long Jump
200 metre	Triple Jump
400 metre	High Jump
800 metre	Pole Vault
1500 metre	Shot Put
1 mile	Javelin
3000 metre	Discus
5000 metre	Hammer
10 000 metre	4x100m Relay
3000m Steeplechase	4x400 metre relay
100 metre Hurdles	3000 metre Track Walk
300 metre Hurdles	10,000m Track Walk
400 metre Hurdles	

WOMEN

100 metre	Long Jump
200 metre	Triple Jump
400 metre	High Jump
800 metre	Pole Vault
1500 metre	Shot Put
1 mile	Javelin
3000 metre	Discus
5000 metre	Hammer
10 000 metre	4x100m Relay
3000m Steeplechase	4x400 metre relay
100 metre Hurdles	3000 metre Track Walk
300 metre Hurdles	10,000m Track Walk
400 metre Hurdles	

MEN UNDER 20 (M-U20)

100 metre	Long Jump
200 metre	Triple Jump

400 metre	High Jump
800 metre	Pole Vault
1500 metre	Shot Put
1 mile	Javelin
3000 metre	Discus
5000 metre	Hammer
10 000 metre	4x100m Relay
3000m Steeplechase	4x400 metre relay
100 metre Hurdles	3000 metre Track Walk
300 metre Hurdles	10,000m Track Walk
400 metre Hurdles	

WOMEN UNDER 20 (W-U20)

100 metre	Long Jump
200 metre	Triple Jump
400 metre	High Jump
800 metre	Pole Vault
1500 metre	Shot Put
1 mile	Javelin
3000 metre	Discus
5000 metre	Hammer
3000m Steeplechase	4x100m Relay
100 metre Hurdles	4x400 metre relay
300 metre Hurdles	3000 metre Track Walk
400 metre Hurdles	10,000m Track Walk

3. The 1 mile, 3000 metre and 300 metre Hurdles events for Men, Women, Men Under 20 (M-U20) and Women Under 20 (W-U20) shall be held at a time different from the main Track and Field Championships.

Rule STR22 – Hurdle Races

Distances: The following are the standard distances for Men, M-U20, M-U19, M-U18, M-U17, Women, W-U20, W-U19, W-U18 and W-U17

Men	60 metres,	110 metres,	300 metres,	400 metres
M-U20/M-U19	60 metres,	110 metres,	300 metres,	400 metres
M-U18/M-U17	60 metres,	110 metres,	300 metres	
M-U16/M-U15	60metres,	100 metres,	300 metres	
Women	60 metres,	100 metres	300 metres,	400 metres
W-U20/W-U19	60 metres,	100 metres,	300 metres,	400 metres
W-U18/W-U17	60 metres,	100 metres,	300 metres	
W-U16/W-U15	60 metres,	80 metres,	300 metres	

APPENDIX ONE – HURDLES

	Distance of race	No of Hurdles	Height of Hurdle	Distance from Start line to first Hurdle	Distance between hurdles	Distance from last hurdle to finish line
Men	60	5	1067	13.72	9.14	9.72
	110	10	1067	13.72	9.14	14.02
	300	7	914	50	35	40
	400	10	914	45	35	40
M-U20/M-U19	60	5	991	13.72	9.14	9.72
	110	10	991	13.72	9.14	14.02
	300	7	914	50	35	40
	400	10	914	45	35	40
M-U18/M-U17	60	5	914	13.72	9.14	9.72
	110	10	914	13.72	9.14	14.02
	300	7	838	50	35	40
M-U16/M-U15	100	10	838	13	8.5	10
	300	7	762	50	35	4
Women	60	5	838	13	8.5	13
	100	10	838	13	8.5	10.5
	300	7	762	50	35	40
	400	10	762	45	35	40
W-U20/W-U19	60	5	838	13	8.5	13
	100	10	838	13	8.5	10.5
	300	7	762	50	35	40
	400	10	762	45	35	40
W-U18/W-U17	60	5	762	13	8.5	13
	100	10	762	13	8.5	10.5
	300	7	762	13	8.5	10.5
W-U16/W-U15	80	8	762	12	8	12
	300	7	762	50	35	40

Comment:

The Rules Committee have considered this proposal and have the following feedback to offer.

The proposed institution of a Short Track Championships by ANZ is consistent with the approach of WA in facilitating specific short track events to allow for flexibility in the location and nature of athletic events. **The Rules Committee supports the proposal.**

The institution of a Short Track Championships raises the wider question of whether ANZ should also move away from the current indoor-outdoor distinction in its competition regulations. WA is removing the distinction by focusing on the nature of the competition facility rather than the location in either a natural or enclosed environment. The amendment of this distinction in New Zealand is outside the scope of this specific proposal but should be

considered in a wider review of competition regulations and consistency with WA competition rules. This may also require a re-assessment of recognition of national records which are also currently distinguished based on indoor and outdoor locations, and whether any separation may need to be eliminated in specific events.

The proposed recognition of the 300m Hurdles is also consistent with the approach of WA in recognising this as a competitive distance for senior athletes. **The Rules Committee supports the proposal.**

This proposal will now be posted for the required 50-day consultation period before any recommendations for adoption go to the Board.

Andrew Orme (Convenor), John Gamblin, Paul Craddock & Karen Gillum-Green
Rules Committee
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