

Pre Oceania Area Championships (OAC) Tour Overview

11– 16 May 2026

The Pre-Oceania Area Championships (OAC) Tour provides athletes 16-21 years of age with the opportunity to experience what it is like to travel, live, train, acclimatise, and prepare as part of a team in the lead-in to a pinnacle championship event.

The tour will be based on the Gold Coast from 11–16 May 2026, before travelling on to the Oceania Area Championships in Darwin. Athletes will be supported by team management, with a level of logistical, coaching, and physiotherapy support aligned with what is typically provided to High Performance teams.

Participation in the tour is optional and may not be suitable for everyone, particularly due to school, work, or financial considerations. However, for those able to attend, the tour offers a valuable opportunity to learn how to prepare for major championships in a touring environment, manage life outside of sport while competing, and gain experience within a team setting ahead of future representative opportunities.

There will be additional costs associated with the tour beyond standard OAC expenses. These costs will be subsidised by Athletics NZ, with the estimated cost for the six-day tour ranging from \$800–\$1,050, depending on final tour numbers. This cost covers all tour-related expenses except food and personal spending money, which athletes should budget for separately. The total trip (including OAC in Darwin) will cost approximately \$6500.

Please register your interest in this tour by 11.59pm on Wednesday 28 January.

Please note, further details and information will be provided after the expression of interest and that this tour will only be available to selected OAC athletes and if enough interest is registered. After the confirmation of OAC selections we will request a confirmation of athletes to join this tour.